



# SIDETRACK

THE BIG PICTURE

"Kids toting their simple lunch of rice and dal in a tiffin carrier on their way to school. While children have every opportunity to an education, these girls, like many others in villages such as Bungamati, will be called upon to help the family and neighbours with the crops. Farming in the terraced fields of Kathmandu Valley remains the primary source of income for these communities, and all hands are vital when a harvest is racing the weather."  
*Ewen Bell*